Aliso Viejo Little League Pitcher Eligibility Form

Division _____ **Team** _____

Date of Game	Pitches Thrown	Pitcher's Name	Unif. No.	League Age	Tm. Manager's Signature *	Opp. Manager's Signature *	Scorekeeper/Ump Signature *	Game of rest required?	Eligible to pitch again on (date) if requirement for game rest is met
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
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								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	

League Age Pitch Limit:

17-18	105 pitches per day
13-16	95 pitches per day
11-12	85 pitches per day
9-10	75 pitches per day
7-8	50 pitches per day

Pitchers league age 16 and under:

1-20 pitches - no days of rest required.
21-40 pitches - 2 calendar day of rest required.
41-60 pitches - 3 calendar days of rest required.
61 or more pitches - 4 calendar days of rest required.

Pitchers league age 17 and over:

1-25 pitches - no days of rest required.
26-50 pitches - 2 calendar days of rest required.
51-75 pitches - 3 calendar days of rest required.
76 or more pitches - 4 calendar days of rest required.